Philosophy

Your life is a reflection of your "beliefs."

These beliefs, usually subconscious, are the cumulative effect of life-long "programming." As a result of past conditioning, we sometimes think and behave in self-defeating ways.

Conscious thoughts can be changed easily by simply receiving information: reading a book, having a conversation, or seeing the results of actions. If conscious information was all that was needed, then experiencing success in all areas of life would be easy. Unless changes are made at the subconscious level, however, repeating undesired reactions and behaviors will likely continue.

Subconscious beliefs have far reaching consequences, both positive and negative, in every aspect of life. They affect moods, relationships, job performance, self-esteem, and even physical health.

It is imperative to know how to change limitations into beliefs that support goals and aspirations. The best way to predict Your Future is to Design it!

Methodology

Align your thinking and your actions.

PSYCH-K® provides a variety of safe and effective ways to "rewrite the software of the mind" by changing beliefs that limit into beliefs that support you ... simply and easily.

Originated in 1988, PSYCH-K® directly facilitates communication between the conscious and subconscious portions of the mind. It also includes processes to increase the "cross talk" between the two brain hemispheres resulting in a "whole-brain" state, dramatically reducing the resistance to changing outdated subconscious programs.

PSYCH-K® is the missing piece in your life that helps you find the peace in life you are missing.

OPPORTUNITY

Ready to get your beliefs in gear?

PSYCH-K® is available in different applications providing you with options to accomplish what you choose:

<u>Private Sessions</u> are available to target specific changes you want regarding perceptions and results.

<u>Workshops</u> offer learning the simple techniques for your own use as well as assisting friends, family and clients.

Presentations may be customized for groups or organizations to provide an introduction to the science and philosophy of PSYCH-K®, emphasizing group specific applications and benefits.

Free Your Mind
from the Limitations of the Past!

"The 'secret to life' is BELIEF. Rather than genes, it is our beliefs that control our lives. PSYCH-K® is a set of simple, self-empowering techniques to change your beliefs and perceptions that impact your life at a cellular level."
—Bruce Lipton, Ph.D Cellular Biology, author of *Biology of Belief*

POTENTIALS

Learn to change subconscious beliefs

simply and easily, allowing you to...

+ Experience abundance in every aspect of life
+ Reduce stress and anxiety
+ Enhance career opportunities
+ Develop relationships you desire and deserve
+ Increase your sense of well being
+ Actualize the amazing healing power of the mind
+ Increase sports performance
+ Release post-traumatic stress
+ Reperceive fears and phobias to feel at peace
+ Eliminate destructive habits (e.g. smoking, overeating, etc.)
+ Accelerate spiritual development

LEARN HOW TO STRENGTHEN THE LINK THAT CONNECTS YOU WITH YOUR UNLIMITED POTENTIAL.

Free Your Mind...

AND BECOME THE MASTER OF YOUR BELIEFS RATHER THAN A VICTIM OF THEIR CONSEQUENCES.

UPCOMING WORKSHOPS

To learn of the upcoming workshops Contact Connie Funk, Psych-K Facilitator cfunkwoodylanefarm@hughes.net or check the schedule on Connie's website: www.constancefunk.com
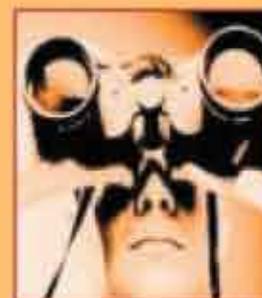
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PSYCH-K®

LOOKING FOR PEACE?

JOY?

SUCCESS?

It is closer than you "think"...

Free Your Mind!

Rewrite the "software" of your past and change the "printout" of your future.